



# Aspects of Beauty

*Beauty & Medispa*

PRICE LIST

# ABOUT ASPECTS

Aspects of Beauty Medispa consists of a team of highly qualified therapists that work together not only as a team but have also become like a family. Nestled in the heart of Benfleet, Essex. Our award winning salon prides itself on giving a five star service in not only health and beauty treatments but also aesthetics at all times. Our ultimate aim is for our clientele to leave our salon feeling truly pampered in not only the body but also the mind. Whether your visit with us is one of a relaxing pamper or to address a specific concern, our therapists will take the time to offer their professional expertise to personalise your experience.

## TREATMENTS BY APPOINTMENT ONLY

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# SALON OWNERS

## Samantha Cox

Salon Owner & Senior Therapist

Samantha's beauty career started after she achieved a BTECH National Diploma in Beauty Therapy in 1997. After working for a time in other Beauty establishments she decided to open her own salon. So on the 18th December 1999 Aspects Of Beauty opened its doors for the first time. Samantha was 22 years old and worked solely on her own. Over the many years Aspects has continued to grow.

Samantha has always aimed to become a Beauty Therapist since she was a child and knew that this was the only profession for her. Samantha absolutely loves her job and what she does on a day to day basis. She performs all treatments offered at my salon but specialises in Electrolysis, threading and certain eye treatments.

## Nicola Harris

Salon Owner and Aesthetics Therapist

After working in the childcare sector and bringing up her two boys, Nicola wanted a career change. Having known Sam since they were teenagers, as a regular client of the salon and after many conversations about working in the industry, Nicola knew beauty was the right direction for her to take. Nicola took the decision to enrol in college and passed her Level 2 and 3 in Beauty Therapy. Once qualified, Nicola ran her own beauty room from home for several years and after an invitation from Sam to join Aspects of Beauty, she quickly grew to love her job even more. With a particular passion for skin, Nicola has completed several courses in advanced facials, obtaining her Level 4 Diploma in Advanced Skin Science and Clinical Aesthetic Procedures, and she is currently completing a Level 5 in Aesthetic Practice. Nicola is passionate about providing customised treatments for her clients, to address their skin concerns - including rosacea, acne, pigmentation, scarring and signs of ageing thus helping to ease symptoms and assist her clientele to feeling more confidence and at ease with concerns they may have.



# USEFUL INFORMATION

## Bookings

Due to being a very busy salon please ensure you book your appointments early to avoid disappointment! Please inform the salon of any allergies when booking your appointment. This includes Nuts and Shellfish.

## Mobile Phones & Children

We kindly ask that mobile phones are adjusted to a silent setting during your time with us. This is just as much for your relaxation as well as others. Aspects of Beauty is not a suitable environment for children, this time is just for you!!

## Cancellation Policy

We respectfully ask that a minimum of 48 hours is given when cancelling or rescheduling any appointments. Our therapists time is very valuable, and we regret that 50% of the treatment value will be charged when the required notice is not given.

## Deposits

Deposits will be required for some treatments which will then be deducted for your final payment when your treatment is completed.

## Gift Vouchers

Gift vouchers are also available for that extra special gift! All Vouchers must be redeemed within 6 months of purchase and once expired CANNOT be extended.





## LUXURY PACKAGES

### Luxury Spa Hamper

£131.00

Manicure, Pedicure, Aroma Collagen Facial, Signature Full Body Massage

### Mum To Be

£109.00

Manicure, Pedicure, Signature Facial, Signature Back, Neck and Shoulder Massage

### Add on Gel

£10.00 Each





# HANDS

## File and Paint

£15.00

Add Gel £25.00

## Manicure

£25.00

Add Gel £35.00

The manicure will help make the hands and nails beautiful and incorporate a prescriptive treatment to help improve nail complaints, leaving the nails wonderfully clean, shiny and healthy.

## Luxury Manicure

£35.00

Add Gel £45.00

Following a full manicure the hands will have the extra treat of a oil rich sea salt hand scrub and a Mask enriched with Vitamins E and B to help rehydrate and shea butter to help nourish the skin and nails.

Gel Infill

£18.00

Gel Removal

£12.00

### Please Note:

We are unable to remove gels applied by other salons.

The Gel Bottle nail polish needs to be removed by the Salon. If removal is needed before a treatment please inform the Salon when booking your appointment.



# FEET

## File and Paint

£15.00

Add Gel £25.00

## Pedicure

£28.00

Add Gel £38.00

The feet take a lot of stress every day and although they are not always on show, they should not be overlooked, so a little pampering with a pedicure normally does the trick.

## Luxury Pedicure

£38.00

Add Gel £48.00

The Luxury Pedicure delivers a deeper cleansing, exfoliation and hydration to dry tired feet. Incorporating an invigorating salt scrub and a cool refreshing foot mask. This treatment will leave the feet feeling wonderfully refreshed and hydrated.

## Callus Peel Pedicure

£40.00

Add Gel £50.00

Calluses usually appear from the daily strains we put on our feet. This can mean any number of things including dry skin, large amounts of walking, the types of shoes we wear, etc. Basically, calluses are bound to happen to us at least once in our lives! This however doesn't need to be a problem since callus treatments are so quick, easy, and even painless! We find that the best and most efficient treatment is the callus peel. So what is it exactly? A callus peel is a revitalising foot treatment for people whose feet need that little bit of extra TLC. It removes hard, callused skin and adds moisture, so your feet will be ready to hit the town, or just be barefoot round the house. Whatever suits your fancy!

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Gel Removal

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### Please Note:

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# BEAUTY TREATMENTS

## Waxing

Half Leg	£18.00
Three Quarter Leg	£20.00
Full Leg	£24.00
Full Leg & Bikini	£30.00
Bikini Line	£15.00
Under Arm	£12.50
Fore Arm	£15.00
Eyebrow Wax	£9.50
Lip	£7.50
Chin	£7.50
Lip & Chin	£11.50
Hollywood	£26.00
Brazilian	£24.00
Back Wax	£20.00
Chest Wax	£20.00
Chest & Back Wax	£38.00

## Threading

Threading is an ancient method of hair removal. Using a pure, thin, twisted thread which is rolled over the area of unwanted hair such as eyebrows, top lip and chin, plucking out the hairs from the root. This will in turn help weaken the hair, and in some cases reduce the growth and pigmentation.

Eyebrows	£10.00
Top Lip	£7.00
Chin	£7.00
Lip & Chin	£11.00
Cheeks	£9.00

## Electrolysis

Electrolysis is one of the only proven hair removal methods. It involves the insertion of a fine needle called a probe into the hair follicle to the root. A mild current is then passed down the needle to cauterise the hair root, enabling the hair to be pulled out without the use of force.

Consultation	£15.00
Up to 15 minutes	£15.00
Up to 30 minutes	£22.00
Course of 10 x 15 minutes	£135.00
Course of 10 x 30 minutes	£198.00



## Eye Treatments

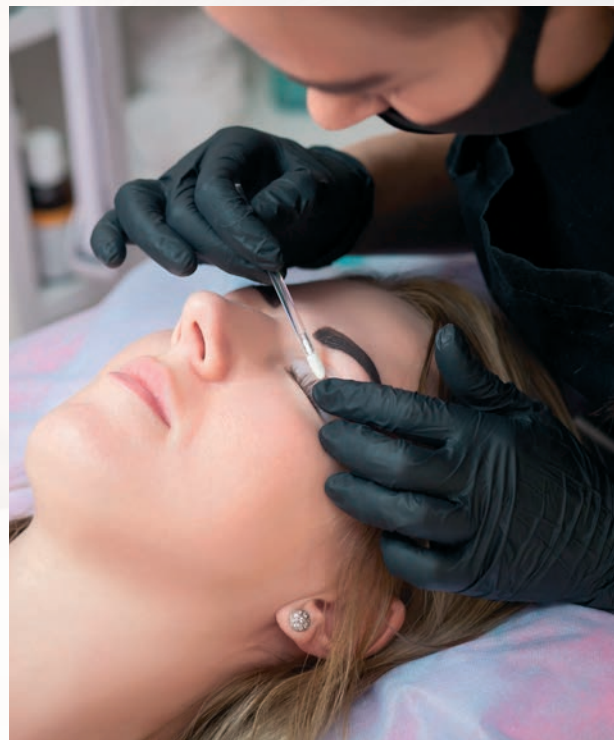
Eyebrow Tint	£10.00
Eyelash Tint	£14.00
Eyelash & Brow Tint	£20.00

**Please Note:** Patch tests must be performed 24/48 hours prior to treatment

## Eyelash Lift and Tint

£45.00

This is a revolutionary eyelash treatment that helps to reveal your natural lashes in all their glory by giving them a natural lifted appearance and better still it lasts up to 4-6 weeks!



# FACIALS

## Signature Facial

£40.00

The signature facial is the solution for clients who wish to see skin improvements whilst offering a sense of well-being and relaxation. This treatment will suit any skin type as the products used will be appropriate to the client's skin needs. Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic massage oils and luxurious facial masks. Helping the skin to feel replenished and hydrated.

## Aroma Facial

£45.00

The Aroma Facial begins with a calming technique using aromatherapy oils to help soothe your mind, whilst drifting away into the deepest feeling of tranquillity. Aromatherapy products are applied using expertly developed techniques to soothe your mind and incorporate a hand and arm massage while your luxurious facial mask develops, helping you drift away into the deepest feeling of relaxation.

## Aroma Collagen Facial

£50.00

Following the Aroma Facial but incorporating a collagen serum and mask helps stimulate the skin to produce more collagen naturally, helping to reduce fine lines and wrinkles.

## Aroma Spa Facial

£60.00

There is nothing quite like a luxurious pampering facial for the ultimate feeling of well-being and help relieve the daily stresses and strains. The Aroma Spa Facial commences with a soothing back, neck and shoulder massage and incorporates prewarmed aromatic facial products and a prescriptive mask which moulds to the contours of the face and contains ingredients to help brighten, firm, balance or hydrate the skin and continues with a hand and arm massage whilst the facial mask is developing.

## Why Not Add A...

Hand & Arm Massage

£10.00

Foot & Leg Massage

£10.00

Scalp Massage

£10.00

# MASSAGE

Signature Full Body Massage

£38.00

Signature Back, Neck & Shoulder

£26.00

Signature Full Body Massage & Scalp

£48.00

Indian Head Massage

£30.00

Hopi Ear Candles

£25.00

Ear Candles have a purely physical function which is often described directly after the treatment as a soothing, pressure relieving sensation. A light suction action (chimney effect) and the movement of the flame create a vibration of air in the Ear Candle, generating a massage-like effect on the ear drum. It can help to induce a pleasant feeling of warmth and a balance of pressure in the ears, forehead and sinuses. It has a soothing effect and can be helpful for earache and headache, ear noise and stress.

Reflexology

£45.00

This non invasive treatment applies pressure to reflex points of the feet which correspond to different parts of the body. Reflexology is deeply relaxing, helps encourage healing and rebalance the body and mind.

# BODY TREATMENTS

Exfoliating Full Body Massage

£47.00

All types of skin benefit from an exfoliating treatment, due to the fact that it brightens up the complexion and refines skin texture. But better still, completely relaxing the body afterwards by experiencing a full body massage... Absolute heaven!

Aroma Hot Stones Massage

Hot Stones massage combines the benefits of heat application with relaxing massage techniques. This treatment not only warms up and loosens tight/tired muscles but also leaving you with the feeling of deep relaxation and healing.

Hot Stones Full Body Massage

£55.00

Hot Stones Back, Neck and Shoulder Massage

£37.00



# AESTHETICS

## Consultation

£20.00

A consultation is the perfect way to discuss any concerns or aims for your skin. To discover the most appropriate treatments, your skin will be cleansed and then assessed using a Mag and Woods lamp. We can then formulate a plan to achieve the best results personalised to your own specific needs and requirements.

**Fee to be deducted from first completed treatment.**

## Mesotherapy

£99.00

Known as the 'Red Carpet' treatment, this facial uses a fine needle (nappage method) to inject a serum, which is selected during your consultation into the very top layer of your skin. This treatment is painless and provides the skin with beneficial nutrients that not only plump and hydrate your skin, but will also brighten your complexion. This facial is perfect as a regular treatment to help reduce pigmentation, signs of ageing and to give your skin a glow. Also, the perfect

## Microdermabrasion

An advanced painless facial suitable for all skin types. A hand held tool is passed over the face, firing tiny crystals onto the skin before gently vacuuming them away. This treatment offers a deep exfoliation helping to reduce pigmentation, even out skin tone, increase circulation, rejuvenate the skin and leave you with a glowing complexion.

1 Session

£55.00

Course of 3

£150.00

## Dermaplaning

The process of dermaplaning is an advanced facial which will include a deep exfoliation of the skin, removing dead skin cells and vellus hair (peach fuzz) by gently using a painless medical grade scalpel. The results brighten your complexion, with the added benefits of enabling your skincare products to penetrate your skin to a deeper level and allow make up to glide on smoothly. This treatment is suitable for most skin types except acne.

Luxury Dermaplaning

£50.00

Express Dermaplaning

£35.00

## Microneedling

An advanced medical grade treatment, a hand held tool with 9 small medical grade needles is passed over the face and neck. The needles pierce the skin, causing tiny pin pricks of trauma. The body then repairs the trauma by sending collagen to the area, this helps to reduce fine lines, fade scars and pigmentation, reduce large pores and plump the skin. A course of 4-6 is recommended with a maintenance session every 3 months.

Single session

£70.00

Course of 4

£260.00

## Chemical Peels

Chemical peels stimulate new cell growth and collagen production to treat a number of conditions and reveal clearer, brighter, younger-looking skin.

Superficial Peels

£55.00

## Biorepeel

This medium-depth peel, with biostimulating, revitalising and peeling actions, can be used on the face, neck, décolletage, and the body. This innovative medical peel is suitable for all skin types. The Biorepeel with a TCA of 35% is applied for 3-5 mins, and slight tingling is felt during this time. The peel will speed up the skin's renewal, which helps reduce pigmentation, even out skin tone, treat acne and blackheads, regulate sebum and increase collagen and elastin production.

Face TCA	£75.00
Neck TCA	£45.00
Top of back	£75.00
Whole back	£140.00
Buttocks	£70.00

## High Frequency

This facial has an antibacterial effect which is particularly beneficial in treating teenage and hormonal skin. This treatment will help to reduce breakouts, minimise pores and regulate sebum production. As well as being a successful treatment for the face, it can also be used on the body.

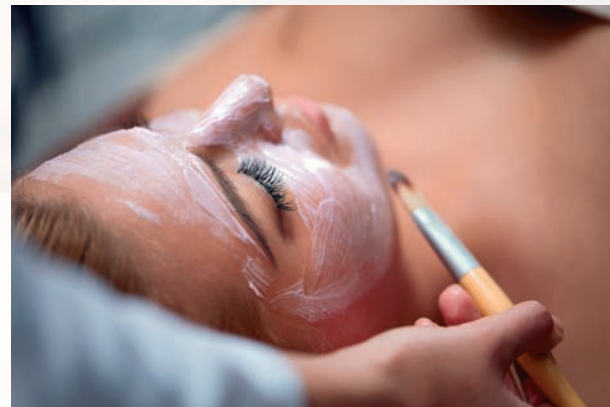
Neck and Face	£55.00
Back	£50.00
Buttocks	£50.00

## Led Light Therapy

The Neo Elegance Lumineo is a powerful LED light therapy device. Incorporating different wavelengths that penetrate the skin helping to: boost collagen, reduce fine lines and wrinkles, even skin tone and texture, reduce acne and breakouts, calm rosacea and fade pigmentation. The treatment has no downtime.

Add on to any facial

£15.00 per 10 minutes



# FACIAL PACKAGES

## Ultimate Congestion Facial

£100.00

This is the perfect package for hormonal, oily and congested skin. Clearing away impurities and breakouts, regulating sebum production and fading pigmentation and scarring.

## Ultimate Exfoliation Facial

£75.00

A revitalising and deep cleansing facial that brightens dry, sallow and dull skin.



## Ultimate Anti-Aging Facial

£100.00

This ultimate facial which helps minimise fine lines and wrinkles. This facial will also help fade skin pigmentation, boost collagen and aid elasticity in the skin.

## Ultimate Led Facial

£65.00

This facial is perfect for those wanting to avoid invasive treatments, but who wish to have results. With no downtime, and a face, neck and shoulder massage included, it is the perfect way to relax, unwind and de stress.

## Ultimate Glow Facial

£120.00

This facial treatment removes dead skin cells and vellus hair (peach fuzz) as well as helping to minimise pores, smooth fine lines and fade pigmentation. Your skin will be left plumped, rejuvenated and glowing.

### **Deposit**

50% deposit is required when booking facial treatments



# ANTI WRINKLE

Reduce the lines around the eyes known as crows feet and horizontal and vertical lines on the forehead with anti wrinkle injections. A consultation is required to discuss your concerns and evaluate what can be achieved. The treatment involves a few tiny injections that reduce the movement of the muscles that causes the lines to form. Results can last up to 12 weeks, but treatments are best when regularly repeated to sustain and improve the effect.

## Consultation

£30.00

A 15 minute consultation is needed to discuss your needs and the results likely to be obtained from the treatment. Amount will be deducted from treatment.

## 1 Area

£140.00

Crows feet

## 2 Areas

£160.00

Horizontal and vertical lines on the forehead

## 3 Areas

£200.00

Crows feet, horizontal and vertical lines on the forehead

**Please Note:** 50% deposit is required when booking anti wrinkle treatments

# CRYOTHERAPY

Cryotherapy is a cold therapy used to destroy lesions on the skin using liquid nitrogen. This quick, and almost totally painless treatment can remove a variety of skin lesions with no downtime.

Cryotherapy can be used to remove ;

\*Skin Tags

\*Warts

\*Verrucas

\*Benign Moles

\*Age Spots

\*Seborrheic Keratosis

\*Milia

\*Cherry Angioma

\*Keloids

\*Popular Nevi

and many more

## Small Lesions (Under 3mm)

Consultation\*

£20.00

3 small lesions (from)

£55.00

## Large Lesions (Over 3mm)

Consultation\*

£20.00

3 large lesions (from)

£65.00

**Please Note:** A letter from your GP may be required for some skin lesions

\*Fee to be deducted from 1st completed treatment



# KAYLISE NORTH

## Semi Permanent Make Up Artist

Kaylise started her career in 2015 when she trained in makeup and beauty therapy gaining vast experience working in multiple salons, but her ambition paved the way for her very own clinic in Benfleet, Essex.

In 2018 Kaylise made the decision to train in permanent makeup at a multi-award winning training academy, Natural Enhancement in London and continues to expand her knowledge with multiple advanced classes with European leaders within the industry. Kaylise is ITEC level-4 qualified, ensuring the very highest standards are met in every single treatment.

In addition to working full time at her Clinic in Essex, Kaylise also worked alongside Jade Jefford Permanent Cosmetics and the very well known Tracey Simpson at Natural Enhancement Academy.

## Permanent Makeup Consultation

£30 fee to be deducted from 1st treatment

Feeling nervous or unsure about permanent makeup? Book a consultation to meet Kaylise in person and go through all of your questions.

**Please Note:** 50% deposit is required when booking

# BROWS

## Ombre Brows

£350.00

A stunning technique, where you layer up shading to create a makeup/tint brow look, lighter at the tops and fronts for an ombré effect. This can be super soft and pixelated to create a tinted effect or bolder to really define the brows. Suitable for ALL skin types. Lasting 12-18 months.

## Hairstroke Brows

£350.00

Using the digital machine to implant natural hair strokes for a longer lasting natural effect. Suitable for most skin types with the exception of extremely oily. Lasting 10-18 months.

## Microblading Brows

£350.00

Using a manual hand piece to implant fine hair strokes for a very natural effect. This effect is lovely for those with fine natural hairs with areas of sparseness. Suitable for normal to dry skin. Lasting 10-12 months.

## Combination Brows

£375.00

This is a technique combines hairstrokes and shading to create added definition, to blend areas with less natural hair shading can be added. This can be light and pixelated or a slightly bolder style. Suitable for most skin types with the exception of extremely oily. Lasting 10-18 months.

# LIPS

## Lip Blush

£350.00

With a lip blush, we start with contouring your lip line, then fade it out into the centre of your lips. This is a soft natural look depending on the colour you choose during your consultation. Colour can be light and natural or a slightly brighter. For all skin types, lasting 12-18 months.

## Full-Lip Colour

£425.00

During this procedure, we contour the lip line and shade in the whole lip. This can also create a soft natural healthier lip colour, or a more dramatic makeup look. Colour can be light and natural, darker or brighter. For all skin types, lasting 1-3 years.



# EYELINER

## Subtle Eyeliner

£350.00

A simple but amazingly effective treatment tattooing across the natural lash line to give definition to the eyes. This creates the illusion of thicker lashes and defining your eyes without the use of makeup. This can be done on the top and bottom of the eyes depending on the outcome you are after.

## Small Wing Liner

£350.00

My semi-permanent makeup is tailored to you! We can create a subtle wing liner or a dramatic makeup look. The choice is yours. Smudge proof, perfect eyeliner every day. Lasting 12-18 months.

## Large Wing

£350.00

My semi-permanent makeup is tailored to you! We can create a larger or smokey wing liner or a dramatic makeup look. The choice is yours. Smudge proof, perfect eyeliner every day. Lasting 12-18 months.

## Smokey Eyeliner

£375.00

My semi-permanent makeup is tailored to you! We can create a larger or smokey wing liner or a dramatic makeup look. The choice is yours. Smudge proof, perfect eyeliner every day. Lasting 12-18 months.



# GIFT VOUCHERS

Gift vouchers are also available for that extra special gift!

**All Vouchers must be redeemed within 6 months of purchase and once expired CANNOT be extended.**

**Please Note:** When booking any appointment it is important to inform the Salon of any allergies you may suffer from including nuts and shellfish.







# Aspects of Beauty

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[aspectsofbeautymedispa@gmail.com](mailto:aspectsofbeautymedispa@gmail.com)

[www.aspectsofbeautybenfleet.co.uk](http://www.aspectsofbeautybenfleet.co.uk)

296 High Road, South Benfleet, SS7 5HB

call: 01268 566 926